



LUMBAR PUNCTURE DISCHARGE INSTRUCTIONS

- ❖ It is important to stay flat four-six (4-6) hours after the lumbar puncture.
- ❖ **Do not** drive today. Go home and rest quietly for the remainder of the day.
- ❖ Resume your regular diet after the procedure.
- ❖ You may resume your normal activities 24 hours after discharge.
- ❖ You may take one or two (1-2) 500mg Tylenol tablets every four (4) hours, for any discomfort you may experience.
- ❖ If you have any questions, or complications develop after you return home. Please call Kansas Spine Hospital at (316) 462-5370, or Toll-free: 866-577-7463.
- ❖ Your results will be sent directly to your physician.
- ❖ Please contact your physician's office regarding your next appointment.

Discharge instructions have been explained to the patient. The patient or person responsible for the patient fully understands these instructions.

Patient Signature

Date

Agent/Representative/Guardian

Relation to Patient

Date

Kansas Spine Hospital Representative

Date